## ACL STUDY GROUP EXECUTIVE BOARD 2014 – 2016

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# ÅRE, SWEDEN PROGRAM

Sunday, March 13, 2016 - Thursday, March 1



### **SUNDAY, MARCH 13, 2016**

19:00 - 21:00 REGISTRATION / RECEPTION AT THE **COPPERMINE ROOM - Light Refreshments** 

#### **MONDAY, MARCH 14, 2016**

6:00 AM **BREAKFAST (RESTAURANT)** 

6:30 - 6:50 Welcome Philippe Neyret / John Bergfeld / Jacques Menetrey

> MODERATOR - John Bergfeld MD SYMPOSIUM - OUTCOMES MEASUREMENT

6:51 - 7:51 **Outcomes Measurement** Volker Musahl; Stefano Zaffagnini

7.52 - 7.57 Jon Karlsson (Guest of Volker Musahl) (1) Generalized Ligamentous Laxity as a Predictor of High-Grade Rotatory Knee Laxity

7.28 - 8.03 Rvosuke Kuroda (2) Quantitative Evaulation of Knee Laxity with Isolated Anteromedial or Posterolateral Bundle Anterior Cruciate Ligament Deficient Knees

8:04 - 8:09 Yuichi Hoshino (3) Clinical Application of Quantitative Rotational Laxity Assessment Using Non-Invasive Devices – An International Multicenter Study

8:10 - 8:20 DISCUSSION

#### MODERATOR - John Bergfeld MD ACL OUTCOME I

8:21 - 8:26 Sally Jarvela (Guest of Timo Jarvela) (4) Double-Bundle versus Single-Bundle Anterior Cruciate Ligament Reconstruction A Prospective Randomized Study with 10-Year Results

8.27 - 8.32 Peter Annear (5) Partial Anterior Cruciate Ligament Knee Reconstruction with Accelerated Anterior Cruciate Ligament Rehabilitation: A Retrospective Study of Patients After 2 Years

8:33 - 8:38 **Biorn Barenius** (6) Two Year Results are Similar in an RCT Between Acute and Delayed ACL Reconstruction

8:39 - 8:44 Thomas Carter (7) ACL Reconstruction with Tibialis Tendon Allograft: Does the Donor Age Make a Difference?

8:45 - 9:00 DISCUSSION

#### ACL OUTCOME II

9:01 - 9:09 Mark Clatworthy (8) Central Anatomic Hamstring ACL Transportal Reconstruction has a Higher Revision Rate than Transtibial High AM Hamstring ACL Reconstruction

9.10 - 9.18 Julian Feller (9) Comparison of Patellar Tendon and Hamstring Tendon Aterior Cruciate Ligament Reconstruction: 15-Year Follow-up of a Randomized Controlled Trial

9:19 - 9:24 Karl Eriksson (10) Sub Acute ACL Surgery Decreases First Year Socio Economic Costs Compared to Delayed Reconstruction. A Randomized Controlled Trial

Braden Fleming 9:25 - 9:30 (11) The Effect of Initial Graft Tension after Anterior Cruciate Ligament (ACL) Reconstruction: A Randomized Clinical Trial with 7-year Follow-up

#### 9.31 - 9.51 DISCUSSION

#### **MODERATOR - Martin Lind** ACL OUTCOME III

9:52 - 9:57 Peter Hertel (12) Anatomical and Maximum Biological BTB Grafting in ACL Surgery-An Implant- Free Fixation Method with 10 Year Results

9:58 - 10:03 **Christophe Hulet** (13) Twenty-one Year Outcome of 182 Isolated ACL Arthroscopic Reconstructions Using Patellar Tendon Graft

10:04 - 10:09 Robert Magnussen (14) Effect of High-Grade Pre-operative Knee Laxity on Outcomes of ACL Reconstruction

#### Monday - (continued)

10:10 - 10:25 DISCUSSION 10:26 - 10:31 (15) Risk of Secondary Injury in Younger Athletes following Anterior Cruciate Ligament Reconstruction: A Systematic Review and

Meta-Analysis 10.32 -10.37 Kevin Plancher (16) Autograft/Allograft Single-Bundle Transtibial ACLR-Restoration of the Native Footprint - A Simple 3D CT Radiographic Evaluation

Greg Myer

10:38 - 10:53 DISCUSSION

SNACKS & BEVERAGES AVAILABLE 15:30

> **MODERATOR - Tim Hewett** ACL & OA I

16:00 - 16:08 Louis DeFrate (Traveling Scientist) (17) Knee Kinematics during Non-contact ACL Injury as Determined from Bone Bruise Location

16.09 . 16.14 Joan Monllau (Guest of Vicente Sanchis-Alfonso) (18) Prevalence, Management and Outcomes of Septic Arthritis Following an ACL Reconstruction.

16:15 - 16:20 Dean Taylor (19) Effects of ACL Deficiency on Localized Tibiofemoral Cartilage Strains After Dynamic Activity

16:21 - 16:38 DISCUSSION

#### ACL & OA II

16:39 - 16:44 Arne Ekeland (20) Medial Knee Osteoarthritis Treated with Opening Wedge Osteotomy - A Prospective Study with 7.7 Years Follow Up

16:45 - 16:55 Tom Andriacchi (Traveling Scientist) (21) ACL Traveling Scholar Report: Why Does ACL Injury Lead to Knee OA

16:56 - 17:16 DISCUSSION

17:32 - 17:39 DISCUSSION

MODERATOR - Willem van der Merwe SPORTS MEDICINE

17:17 - 17:22 Peter Angele (22) Increase of Severe Knee Injuries After Implementation of a New Professional Football League

17.23 - 17.31 Suzanne Werner (23) Is it Possible to Prevent ACL Injuries in Competitive Alpine Skiers?

#### ACL TECHNIQUE I

Karl P Benedetto 17.40 - 17.45 (24) Influence of Different Tunnel Drilling Techniques on ACL Graft Placement

17:46 - 17:51 Timo Jarvela (25) Association of Tunnel Communication and Knee Laxity Two Years After Double-Bundle Anterior Cruciate Ligament Reconstruction

17.52 . 18.00 Philippe Colombet (26) Hamstring Graft Behaviour in the Tibial Tunnel with Interference Screw vs Suspensory Fixation: MRI Assessment at Six-Month Follow-Up

#### 18:01 - 18:16 DISCUSSION

18:17 - 18:22 Patrick Smith (27) Pre-Clinical Evaluation of a Quadriceps Tendon Graf with Internal Brace Construct for Arthroscopic All-inside ACL Reconstruction

18.23 - 18.28 Tatsu Mae (28) Graft Tensioning in ACL Reconstruction: Manual vs Tensioning Boot Technique

18:29 - 18:39 DISCUSSION

#### Moderator - Albert van Kampen CASES OF THE DAY

18.40 - 19.10 Albert van Kampen (28a) Cases presented by Albert van Kampen and ACLSG members

ADJOURN

#### **TUESDAY, MARCH 15, 2016**

6:00 AM BREAKFAST (RESTAURANT)

> MODERATOR - Andrew Amis ROTATIONAL LAXITY

Hideyuki Koga (Guest of Ryosuke Kuroda) 6:30 - 6:35 (29) Minimum Required Tension in Double-Bundle Anterior Cruciate Ligament Reconstruction Based on Objective Evaluation of Pivot Shift Phenomenon Using Triaxial Accelerometer

6:36 - 6:41 Manfred Bernard (30) Rotational Stability after ACL-Reconstruction with Implant free B-PT-R Graft in Controlled Anatomical Position

6.12 - 6.17 Dimitris Mastrokalos (31) Articular Cartilage Lesions 8 years after ACLR Correlate to Abnormal Rotational Movement Pattern

6:48 - 7:03 DISCUSSION

7:04 - 7:09 Philippe Nevret (32) Role of the Meniscotibial Ligament in Rotational Knee Stability

7.10 - 7.15 Andy Williams (33) Posteromedial Meniscocapsular Lesions Increase Tibiofemoral Joint Laxity with ACL Deficiency and Their Repair Reduces Laxity

### 7:16 - 7:31 DISCUSSION

MODERATOR - Mary Lloyd Ireland SYMPOSIUM

Mary Lloyd Ireland / Willem van der Merwe / 7:32 - 8:32 Grethe Mykelbust/ Seth Sherman Rehabilitation - Return to play RTP Member Survey ACLSG (S.Sherman) (34) Novel Way to Look at ACL Injury and Implication on Recovery

(W van der Merwe) Mary Lloyd Ireland (35) ACL Reconstructed Patients Have Persistent Hip Strength and Functional Deficits After Return-to-Play

Grethe Myklebust (36) Return to Sport Success Among ACL Injured Elite Female Handball and Football (Soccer) Players - What Characterizes Them in Terms of Strength, Balance, Stability and Function?

#### 8:33 - 8:48 DISCUSSION

**MODERATOR - Julian Feller RETURN TO PLAY I** 

Nicolas Graveleau (Guest of Philippe Colombet) 8:49 - 8:54 (37) Return to Sports Activities and the Influence of Meniscal Status After 12 years of Follow-up for 675 Arthroscopic Anterior Cruciate Ligament Reconstructions Nicolas Graveleau (Guest of Philippe Colombet)

8:55 - 9:12 DISCUSSION

#### RETURN TO PLAY II

Ray Moran (Guest of Greg Myer) 9:13 - 9:18 (38) 3D Motion Analysis Identifies Biomechanical Deficits Associated with Second ACL Injury in First Year of Return to Sport

9:19 - 9:24 Seth Sherman (39) Mass Screening of Youth Athletes for High Risk Landing Patterns Using a Portable and Inexpensive Motion Sensor Device: Efficiency, Gender Disparities, and Continued Validation of the Xbox Kinect for Assessing ACL Injury Risk

9:25 - 9:35 Kate Webster (Traveling Scientist) (40) Fate of the Young Patient Undergoing Anterior Cruciate Ligament Reconstruction: Exploring the High Re-injury Rate and Return to Sport

9:36 - 9:41 Eiii Kondo (41) Effects of Ligament Remnant Tissue Preservation on the Tendon Graft after Anterior Cruciate Ligament Reconstruction: Biomechanical and Immunohistological Evaluations with A Sheep Model

#### 9-42 - 10-02 DISCUSSION

10:03 - 10:13 Steve Houseworth Tribute to Dr. David Kieffer

ADJOURN

## WEDNESDAY, MARCH 16, 2016

BREAKFAST (RESTAURANT) 6:00 AM MODERATORS - Tim Spalding / Mark Clatworthy / Magnus Forssblad SYMPOSIUM 6:30 - 7:49 Registry Tim Spalding / Magnus Forssblad / Mark Clatworthy 6:30 - 6:32 Introduction and Outline Tim Snalding

Tim opularing		0.00 - 0.02
Magnus Forssblad	Sweden	6.33 - 6.38
Lars Engebretsen (video)	Norway	6:38 - 6:43
Martin Lind	Denmark	6:43- 6:48
Greg Maletis (video)	Kaiser	6:48 - 6:52
Mark Clatworthy	New Zealand	6:52 - 6:57

#### Wednesday - (continued)

15:30 SNACKS & BEVERAGES AVAILABLE 16:00 - 17:00

FIRST BUSINESS MEETING - Philippe Nevret

MODERATOR: - Robert Magnusser ACL INDICATION

17.00-17.08 Jon Browne (42) The Importance of a Complete Knee Exam using Three Independent Tests

17.09 . 17.14 Thomas Branch (43) The Use of Three-Dimensional Knee Biomechanics in Clinical Decision Making

17.15 - 17.20 Elvire Servien (44) Medial Meniscal Tears in Acute Anterior Cruciate Ligament Rupture : An Anatomic Predisposition

#### 17:21 - 17:31 DISCUSSION

17:32 - 17:35

Fixation

Analysis

Tuesday - (continued)

**MODERATOR - Jacques Menetrey** FLASH PRESENTATIONS

(45) About the Strength of a Hardware-Free BPTB Femoral Press-Fit

6:57 - 7:02 7.37 - 7.42 Gail Thornton Sean O'Leary/Tim Spalding (52) Trials and Tribulations of the UK National Ligament Registry-(59) Tissue Inhibitors of Metalloproteinases (TIMPs) are Uniquely Altered with Aging in Anterior Cruciate Ligament and Patellar Tendon Achieving Independent Electronic Data Collection 7.43 - 7.51 Chris Kaeding 7.02 -7.07 Andrew Pearle (video) (60) ACL Graft Metabolic Activity Assessed by PET-MRI HSS: The Use of the Short KOOS 7:52 - 8:23 DISCUSSION 7:07 - 7:12 Australia Julian Feller MODERATOR - Chris Kaeding 7:12 - 7:17 Chris Kaeding BIOLOGICS II US Cohort Studies: Better than Registries? 7:17 -7:22 Magnus Forssblad Benedikt Proffen (Guest of Martha Murray) 8.24 - 8.29 Global registry project: report from AAOS (61) Injection of Collagen-Blood Hydrogel Improves Function and Decreases Cartilage Damage after ACL Injury in the Rat Model 7:22 - 7:49 "All Presenters' Panel discussion: 8:30 - 8:35 Martha Murray Future Directions for Registries – Global Collaboration (62) Bridge-Enhanced ACL Repair: Early Results of the First-In-Are Registries Worth the Effort? Human Study KOOS Not Good Enough Perhaps? But What is Better? 8:36 - 8:41 Robert Smigielski Non Responders – What to Do? (63) Radiographic Identification of Native Femoral Insertion of Ribbon-How Do You Get All Surgeons to Participate? Like ACL and Its Relationship to Articular Cartilage and Posterior What Happens to the Data - What is Control About? Femoral Cortex Is it All About the Poor Surgeons? 8:42 - 8:47 Rainer Siebold Martin Lind 7:50 - 7:55 (64) Histological Analysis of the Tibial Anterior Cruciate Ligament (53) Incidence and Outcome After PCL Reconstruction. Results from Insertion the Danish Registry for Knee Ligament Reconstructions 8:48 - 9:02 DISCUSSION Anders Stalman 7:56 - 8:01 (54) A Non-response Analysis of 2-year Data in the Swedish National 9.03 - 10.03 Knee Ligament Register SECOND BUSINESS MEETING - Philippe Neyret Tone Gifstad (Guest of Jon Drogset) 8.02 - 8.07 MODERATOR - Ryosuke Kuroda (55) Lower Risk of Revision with Patellar Tendon Autografts SESSION Anterolateral Knee I Compared with Hamstring Autografts. A Study Based on the Scandinavian ACL registries 10.04 - 10.09 Christoph Kittl (Guest of Andrew Williams) (65) The Role of the Anterolateral Structures and the ACL in Control-8:08 - 8:23 DISCUSSION ling Laxity of the Intact and ACL-Deficient Knee **TEAM CAPTAINS - Julian Feller / Mary Lloyd Ireland** 10.10 - 10.15 Volker Musahl **REFEREE - Mark Clatwort** (66) Biomechanical Function of the Anterolateral Capsule of the Hu-CROSS FIRE DEBATES man Knee Joint Eivind Inderhaug (Guest of Andrew Amis) 10.16 - 10.21 8:24 - 9:24 Julian Feller / Mary Llovd Ireland (67) Biomechanical Comparison of Anterolateral Procedures Com-Return to Sports: Slow or Accelerate - Cri bined with ACL Reconstruction **MODERATOR - Moises Cohen** 10:22 - 10:40 DISCUSSION MINI-SYMPOSIUM: ACL INJURY IN CHILDREN SESSION Anterolateral Knee II 9:25 - 9:35 Mininder Kocher (56) ACL injuries in Children: The North American approach 10:41 - 10:46 Andrew Amis (68) Effects of Anterolateral Tenodesis Tensioning on Lateral Knee 9:36 - 9:46 Romain Seil Contact Pressures and Kinematics (57) ACL injuries in Children: The European approach 10:47 - 10:52 Tim Lording (Guest Alan Getgood) 9:46 - 9:56 DISCUSSION (69) The Synergistic Role of the Lateral Meniscus Posterior Root and the ALL in Providing Anterolateral Rotational Stability of the Knee TEAM CAPTAINS - Freddie Fu/Robert Smigielski **REFEREE - Philippe Nevret** 10:53 - 10:58 Burt Klos CROSS FIRE DEBATES (70) Diagnosis and Treatment of Lateral Segond Avulsions Freddie Fu / Robert Smigielski 9:57 - 10:57 10:59 - 11:14 DISCUSSION Tibial Footprint Anatomy - Femoral Insertion Anatomy: Ribbon vs OvoidFreddie Fu / Robert Smigielski CASES DISCUSSION Two Teams of 4 - 5 members: 2 x 10' presentation 11:15 - 11:45 Christian Fink

17:36 - 17:41 Christian Fink (46) Clinical Comparison of the Quadriceps and the Hamstring Tendons for Primary Reconstruction of an Isolated ACL Tear: A matched-Pair-

Markus Arnold

#### 17:42 - 18:08 DISCUSSION

18:09 - 18:12 Cale Jacobs (48) Persistent Postoperative Pain More Common for Total Knee Arthroplasty Patients with an Intact Anterior Cruciate at the Time of Surgery

18.13 . 18.16 Vicente Sanchis-Alfonso (50) An Anatomic Single-Bundle ACL Reconstruction is not Sufficient in all the Cases to Restore Normal Knee Kinetics During a Simulated Pivot-Shift Event

18:17 - 18:20 Kevin Stone (51) Comparison of Autograft, Allograft and Xenograft ACL Tissue Remodeling

18:21 - 18:40 DISCUSSION

John Feagin Lecture

Introduction - Björn Engström

History of Åre Area - Mr. Anders Hedstrom

18.41 - 19.26

AD.IOURN

AFTERNOON FREE

#### THURSDAY, MARCH 17, 2016

#### BREAKFAST (RESTAURANT)

MODERATOR - Martha Murray SYMPOSIUM

6:30 - 7:30

6.00 AM

Cysts

Martha Murray / Jacques Menetrey Biologics "The ACL of Tomorrow"

#### **BIOLOGICS**

Vladimir Bobic 7:31 - 7:36 (58) Mucoid ACL Degeneration, ACL Ganglions and Intraosseous

Thursday - (continued)

Acute ACL Reconstruction in Top Athletes

#### ADJOURN

19:00-22:00 BANQUET (Casual Dress)

