

***The Collision Between the ACL and the  
Lateral Extrarticular Tenodesis Femoral  
Tunnels Increases the Risk of ACL Failure***



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# Background

## Evaluating for Tunnel Convergence in ACL Reconstruction With Modified Lemaire Tenodesis: What Is the Best Tunnel Angle to Decrease Risk?

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Editorial: AOSM-AANA21  
by Labowitz, Brand, and Ross

AANA Presidential Address  
by Cole

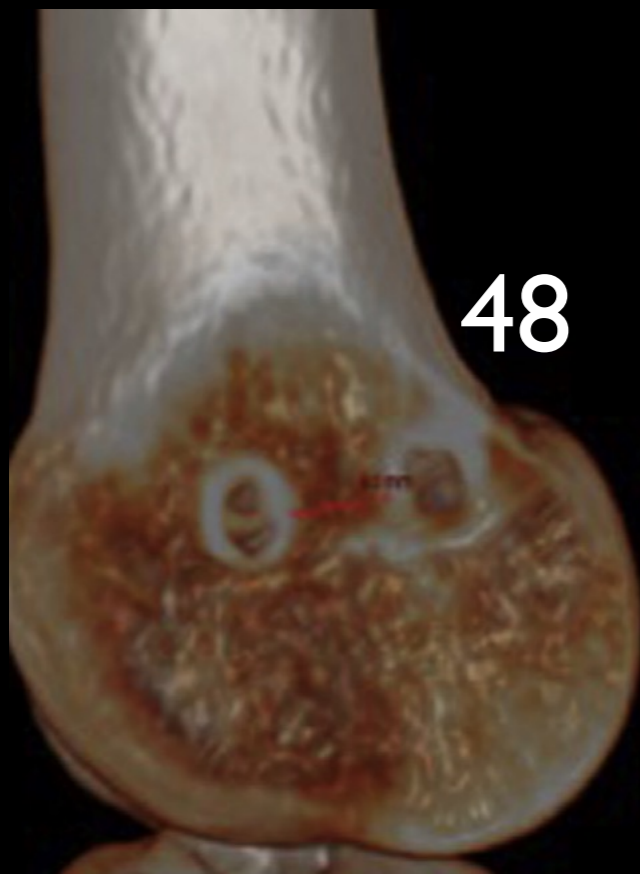
Inaugural Diversity and Inclusion Lecture  
by Ryu

Infographic: Restoration of Hip Labral Function  
by Maldonado, Monaghan, and Domb



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ADVANCING THE SCOPE  
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> 5mm



60%

< 5mm



22,5%

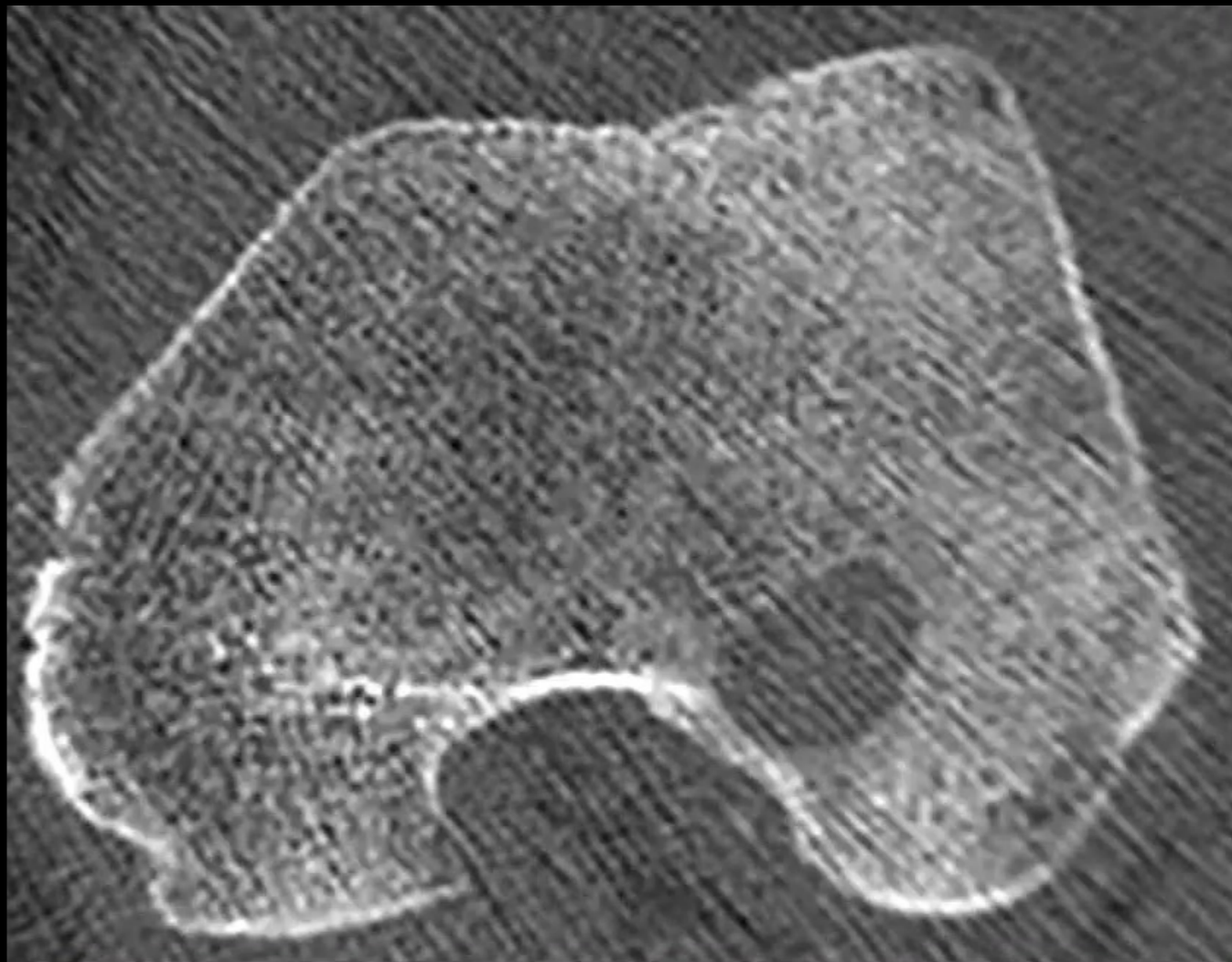
Collision



17,5%

# Purpose

*To analyze the risk of ACL failure in the case of collision between the femoral tunnels of the ACL and the anterolateral extraarticular tenodesis.*



# Method

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- MRI at 6 and 12 months, then only if new injury
- Clinical evaluation and KT1000 at 6-12 months, then yearly
- 5 years follow up

## Cumulative failure:

graft rupture in MRI and/or clinical failure

presence of subjective instability and an abnormal  
KT-1000 side-to-side difference  $\geq 4\text{mm}$

# Results

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	GRAFT RUPTURE	CLINICAL FAILURE	Incidence
<b>Group 1</b> (14 collision)	2 patients	4 patients	42%
<b>Group 2</b> (18 < 5mm)	1 patient	NO patients	5,5%
<b>Group 3</b> (48 > 5mm)	1 patient	NO patients	1,8%

**p=0,011**

# Results

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- Female patients
- Ramp, root, bucket handle tear
- Mean graft diameter
- Type of cortical fixation

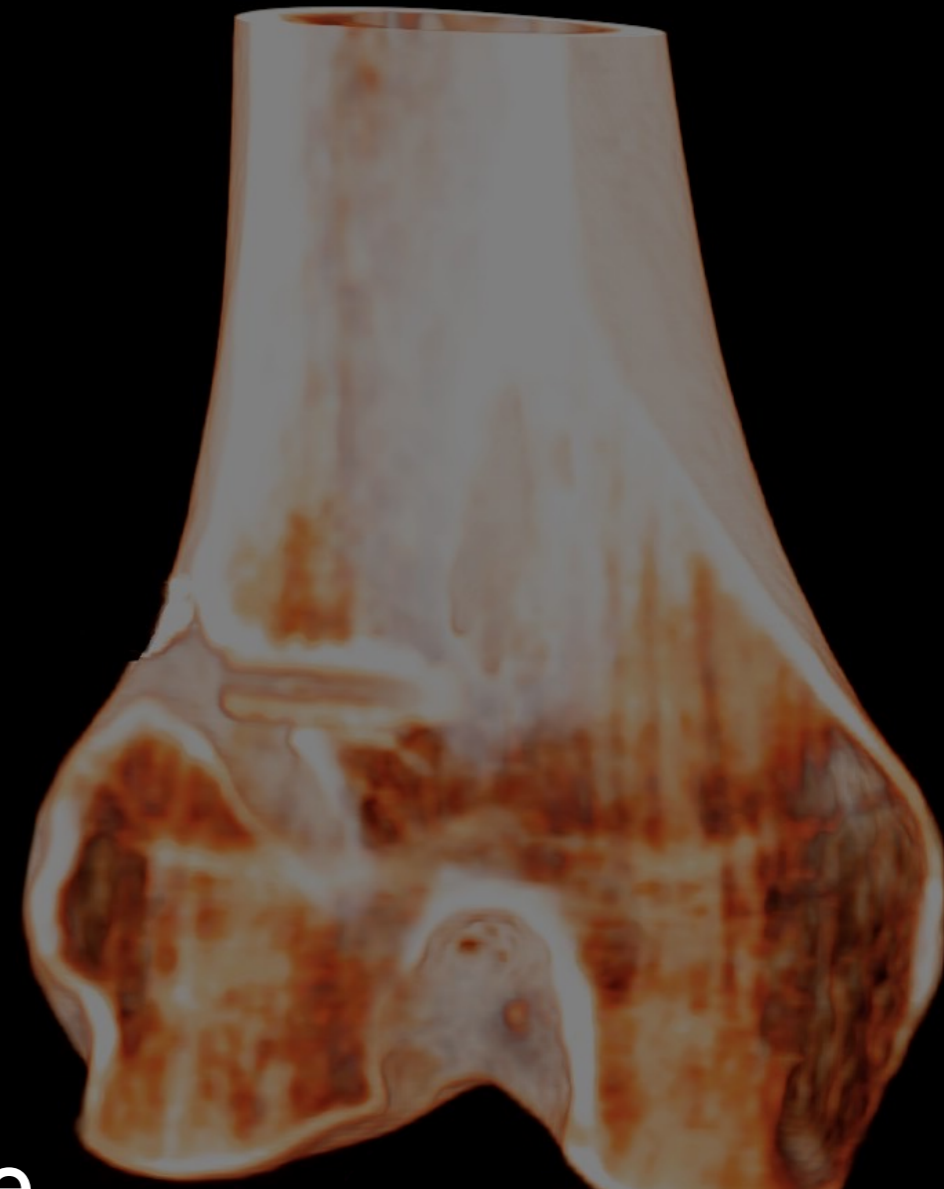
**NO  
DIFFERENCE**

*In all 6 cases of failure of group 1 an adjustable device was used*

# Limitations

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- Low number of patients
- Not randomized
- Use of 2 different cortical fixations
- Not all the “collisions” are the same





# Conclusions

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*The collision between the femoral tunnels of the ACL and the LET may increase the risk of ACL failure.*

*The risk may be more relevant when an adjustable cortical fixation device is used.*

THANK YOU

GRACIAS

ARIGATO

SHUKURIA

DANKSCHEEN

TASHAKKUR ATU

YAGHANYELRY

SUKSAMA

BIYAN

SHUKRIA

TRACAI

GRAZIE

MEHRBANI

PALDES

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